

## **Outpatient/Clinical Treatment Service Definitions**

### **Client Eligibility and Substance Abuse Screening**

To screen a client for possible substance abuse problems by administering a AAIR-approved screening tool, and to determine if the client meets the other basic eligibility criteria required to enroll in AAIR.

### **Substance Abuse Assessment and Diagnosis**

To assess and diagnosis a client for substance abuse disorders using a AAIR-approved assessment tool and the Diagnostic and Statistical Manual of Mental Disorders - Fourth Edition (DSM-IV); face-to-face.

### **Substance Abuse Treatment Plan**

To complete a substance abuse treatment plan based on the assessment of a client's needs by integrating all known pertinent data about the client, delineating intervention services and modalities, setting forth treatment goals, identifying individual service providers, and outlining treatment plan components; face-to-face.

### **GPRA- Government Performance Results Act (Intake, Discharge, Six-month Follow-up GPRA)**

To evaluate a client's progress through treatment and/or recovery during a structured interview with the client.

### **Case Management**

Case management is a service that assists clients to apply for or to obtain community resources, such as income assistance, food stamps, education, housing, medical care, treatment, and vocational preparation. It includes identifying the needs of the individual, gathering information from other sources, such as family members, medical providers and social workers, and developing a specific care plan based on the information collected. The case manager refers and sometimes accompanies the client to the appropriate agency or provider for the assistance, and provides monitoring and follow-up activities to ensure the client follows through on referrals and that the care plan is effectively implemented and adequately addresses the needs of the client.

### **Pharmacological Assessment**

To assess the use of and/or need for medication(s) by a client for the purpose of stabilizing a client's substance abuse and/or co-occurring mental health disorder, face-to-face.

### **Mental Health Assessment and Diagnosis**

To assess and diagnose a client for a co-occurring mental health disorder. It may only be administered when the client has a diagnosed substance abuse disorder and the assessing provider suspects the client has a co-occurring mental health disorder, face-to-face.

### **Individual Substance Abuse Counseling**

To address the emotional, psychological, and social concerns related to the client's substance abuse disorder. Individual substance abuse counseling must consist of one (1) provider treating one (1) client, face-to-face.

**Group Substance Abuse Counseling** To address the emotional, psychological, and social concerns related to the client's substance abuse disorder. Group substance abuse counseling must consist of one (1) or more providers treating two (2) or more clients at the same time, with a maximum ratio of one (1) provider to ten clients, face- to-face.

**Substance Abuse Education**

To address the emotional, psychological, and social concerns related to the client's substance abuse disorder. It must be delivered in structured sessions for the purpose of presenting health and wellness information to the client, with a maximum group ratio of one (1) facilitator to 25 clients, face-to-face.

**Single Family/Marriage Substance Abuse Counseling**

To address the emotional, psychological, and social concerns related to the client's substance abuse disorder and family members, face-to-face. It must consist of one (1) provider treating one (1) client and family, face-to-face.

**Multiple Family/Marriage Substance Abuse Counseling**

To address the emotional, psychological, and social concerns related to the client's substance abuse disorder and family members, face-to-face. It must consist of one (1) or more providers treating two (2) or more clients and families, with a maximum ratio of one (1) provider to ten clients; face-to-face.

**Alcohol and Drug Testing**

To detect biochemical changes associated with excessive alcohol consumption and/or illicit drug use. Testing methods may include, but are not limited to, urine, blood, saliva, and breath alcohol testing.

**Positive Reinforcement for Clean Drug/Alcohol Tests**

Contingency management – Client incentive for clean testing/changed behavior.

**Spiritual/Cultural Support (Single client)**

To help an individual develop spiritually to enhance or support the substance abuse treatment and/or recovery process, face-to-face. Services must be provided by an enrolled provider who is recognized as a traditional healer/spiritual advisor in the community where services are to be provided. A AAIR Traditional Healer/Spiritual Advisor form must be signed and submitted to the provider organization and AAIR by a tribal chairperson or by the board of directors of an Indian health organization in the community where services will be provided.

**Spiritual/Cultural Support (Multiple Clients, Group Session)**

To help an individual develop spiritually to enhance or support the substance abuse treatment and/or recovery process, group session. Services must be provided by an enrolled provider who is recognized as a traditional healer/spiritual advisor in the community where services are to be provided. A AAIR Traditional Healer/Spiritual Advisor form must be signed and submitted to the provider organization and AAIR by a tribal chairperson or by the board of directors of an Indian health organization in the community where services will be provided.

**Transportation-Provider Supplied Client Transportation**

Provider supplied transportation for client to & from treatment or recovery support services using a provider vehicle. (Mileage)

**Public Transportation for Client to and from Treatment**

Transportation to & from treatment or recovery support services using a form of public transportation such as buses or commuter rail. (Taxis are not allowed)